

We offer Smoking Cessation Appointments with our Health Care Assistants or Practice Nurses at this Surgery.

They will give you accurate information and advice on how to quit, and give you professional support during the first few weeks after you have stopped smoking. They also make it easy and affordable for you to get stop smoking treatment, such as Champix (varenicline) or Zyban (bupropion) if it's suitable for you or nicotine replacement therapy such as patches and gum.

They can also refer you to specialist advisors to stop smoking where you will normally be offered a one-to-one appointment with an adviser, but many areas also offer group and drop-in services as well.

If you would like to get support, please book an appointment online to see one of our Health Care Assistants or our Practice Nurses.

For more information, please visit [NHS Choices](#).

If you do not smoke, please call us so that we can update our records.

