





# Support and information for anyone affected by miscarriage, ectopic pregnancy or molar pregnancy

Every miscarriage is different and how you feel will be unique to you. If you'd like to talk to someone please call our national helpline where you can find support and information.

You can also contact us to find out if there is a local support volunteer in your area. Some of our volunteers offer support over the phone while others run monthly support groups.

**National Helpline: 01924 200799**

**E:** [info@miscarriageassociation.org.uk](mailto:info@miscarriageassociation.org.uk)

**W:** [www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

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